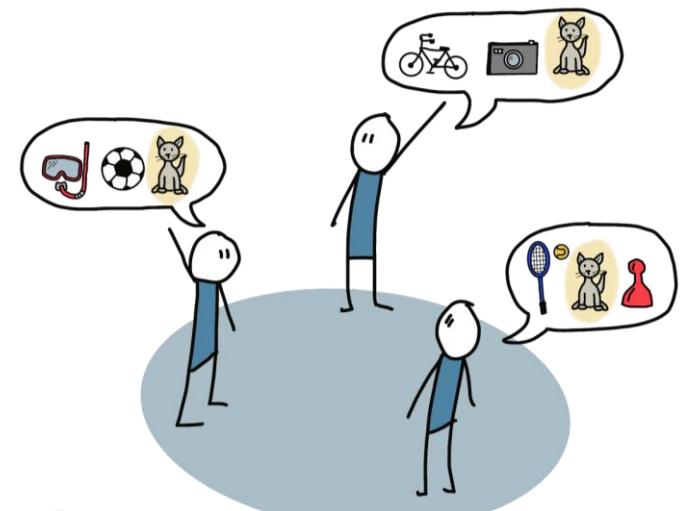
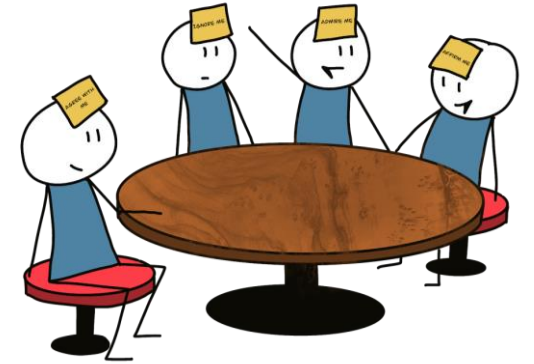
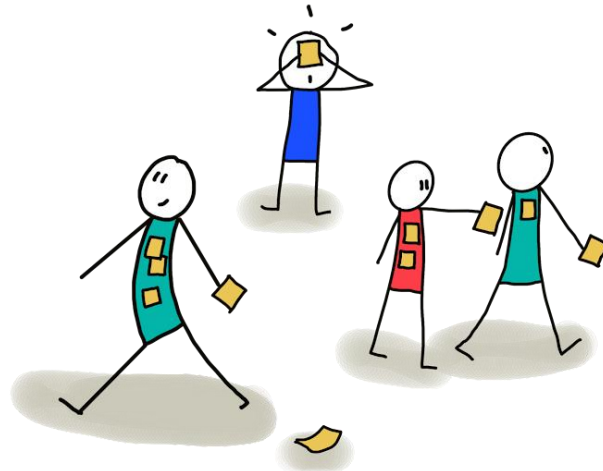


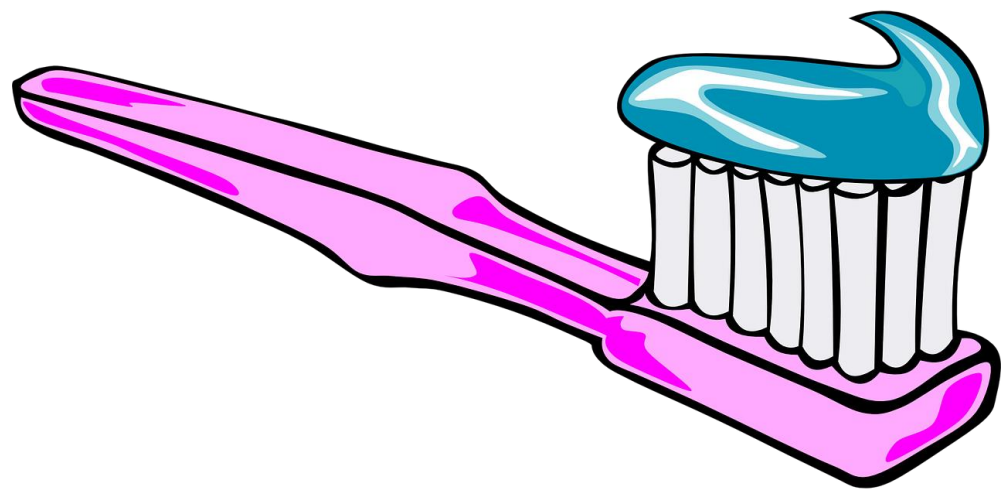
# Toothbrush Teambuilding

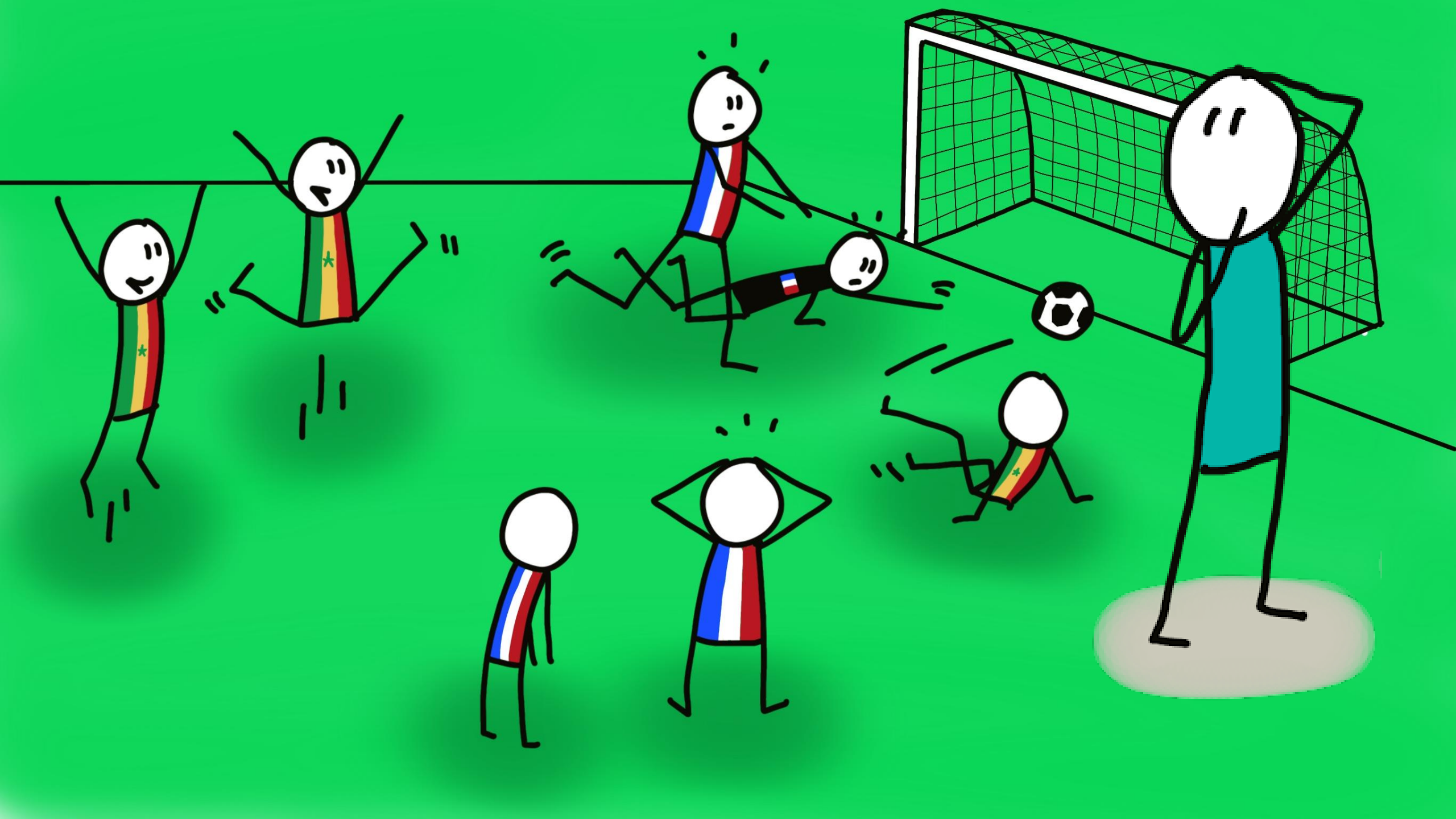


Johan Jacobsson

Illustrations by Linda van Sinten (Creative Elephant)

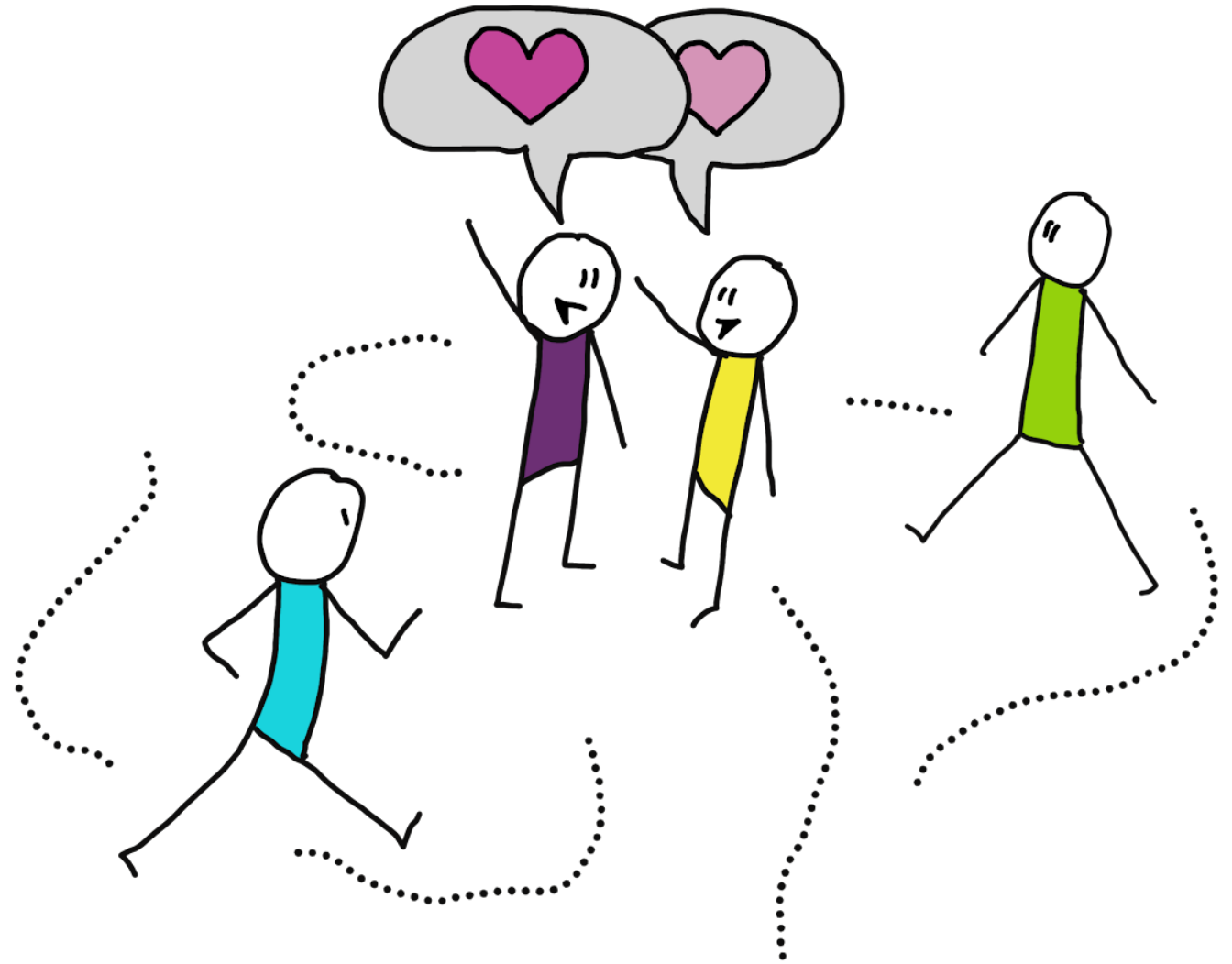






# Teambuilding

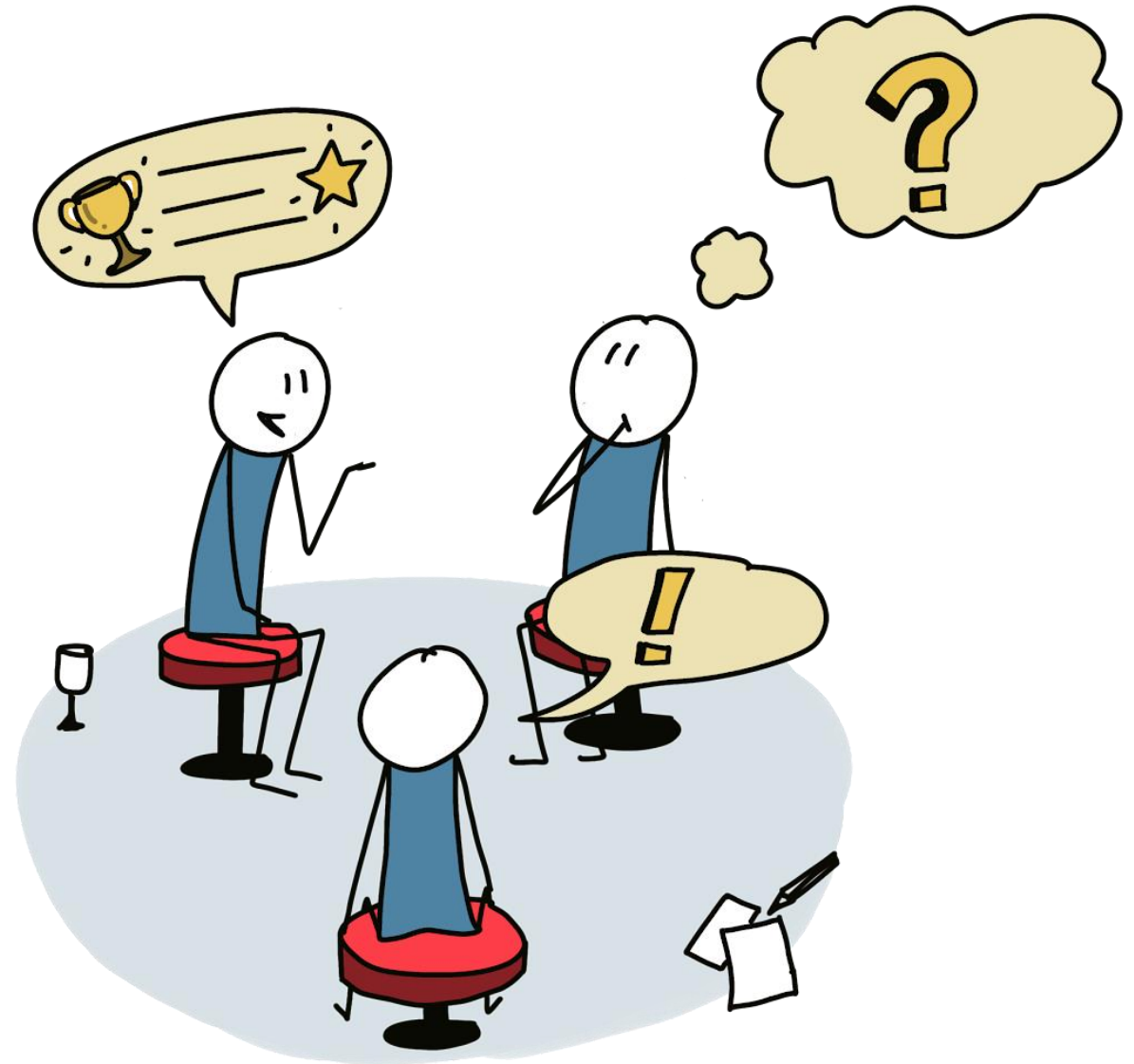
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# Varför Teambuilding?

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- Ökad produktivitet
- Kreativitet och innovation
- Skapa välmående
- Hitta egenskaper
- Långsiktig investering



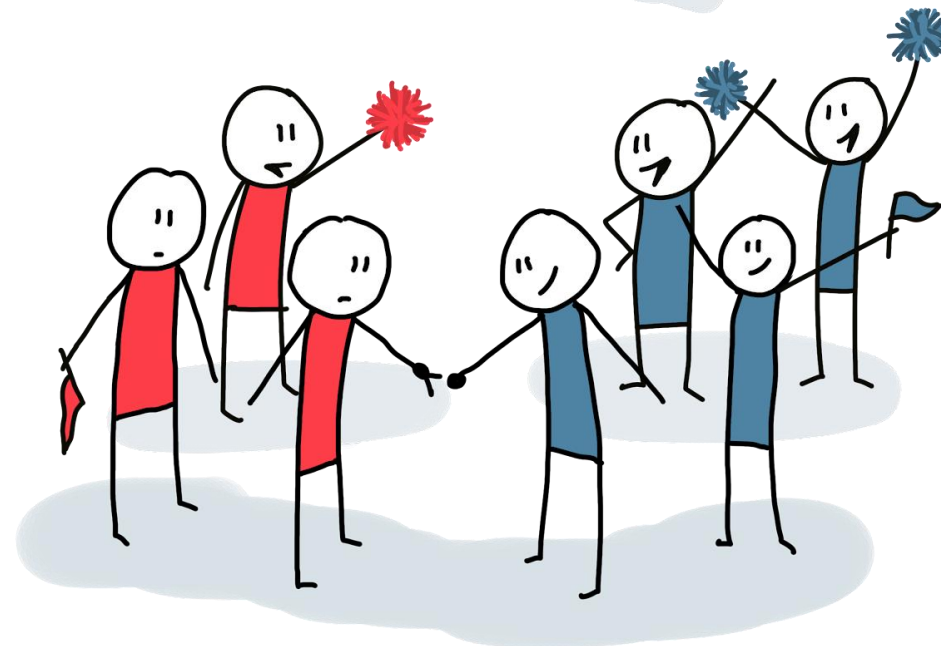
# Sten-sax-påse- Turnering

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1. Ställ er upp och lägg ifrån er det ni har i händerna
2. Hugg tag i personen bredvid
3. Kör sten-sax-påse (bäst av 1)
4. Förloraren ställer sig direkt bakom vinnaren och skanderar dennes namn
5. Vinnaren söker nu upp en annan vinnare för en ny match
6. Förlorarna i den matchen ställer som bakom vinnaren igen. Och så vidare...
7. Avslutningsvis kommer vi alla hylla slutsegraren

ROCK

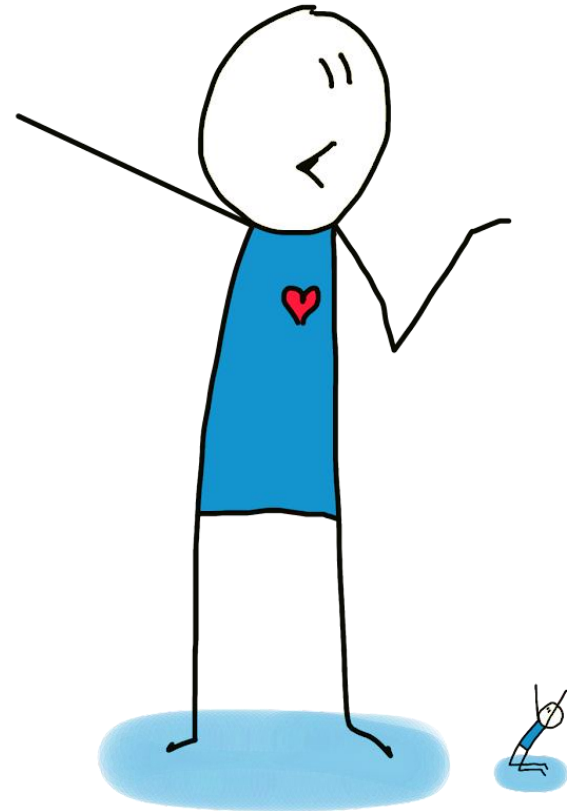
PAPER  
SCISSORS



# 3 handfasta tips

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1. Veckovis möte för teambuilding
2. Aktivitetstärning
3. Testa!



# TEAM

## FIND your SOULMATE



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### Find your...soulmate?

*A funny and different way of making personal introductions by writing a short personal ad for an imagined local newspaper. This exercise works best in a small group where the individuals already know each other somewhat.*

**Equipment:** Papers and pens + a ridiculously large hat (or a bowl)

1. You have decided to meet a new friend/partner/travel buddy/random person by putting together a short personal ad for the local newspaper.
2. Optional: decide on a time limit for writing the ad.
3. Optional: decide on a heading for your ad.
4. Write your ad on a small piece of paper.
5. Put your ad along with everyone else's in the hat (or bowl)
6. Pass the hat round the group and let each person pick and read one ad from the mix (even if it is your own ad).
7. After each reading, let the group guess who wrote the ad before the actual author announces themselves.

Allow time for follow-up questions and discussions after each ad for extra laughter and further information!

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JOHAN JACOBSSON, VIKTOR BYSTRÖM AND LINDA VAN SINTEN

Teambuilding  
verkar super!  
Men....

